

# What is Love and Logic®?

- Love and Logic® is a philosophy of raising and teaching children which allows adults to be happier, empowered and more skilled in their interactions with children.
- The technique is equal parts of empathy with consequences to provide optimum learning from mistakes. This helps raise children who are self-confident, motivated and are able to solve their own problems when they meet life's challenges.

## Why Does it Work?

- Creates a home/school environment that stimulates responsibility, resiliency and academic achievement
- Participants learn how to avoid power struggles while setting limits
- Teaches character and responsibility through modeling and the application of logical consequences instead of punishment
- Uses humor, hope, and empathy to build up the adult-child relationship
- Emphasizes respect and dignity for both children and adults
- Teaches consequences and healthy decision-making to help children become good problem-solvers and thereby be more prepared to resist drugs, alcohol, violence and other dangerous situations

# Alliance Counseling and Education Center

## Other Services Offered:

- Early Childhood Parenting Made Fun
- 9 Essential Skills for the Love and Logic Classroom
- Love and Logic® with Special Needs Children



## Other Services Offered:

- Children in the Middle Co-parenting Education Course
- Online Classes
- Cooperative Parenting
- Co-parenting Coaching
- Case Management
- Parenting Coordination
- Parenting Classes
- Collaborative Law-Communications Facilitator Child Specialist

*For more information about these services, please visit [www.ChildrenintheMiddle.com](http://www.ChildrenintheMiddle.com)*



# Alliance Counseling and Education Center

## Parent Education Class

### Becoming a Love and Logic Parent®



The Love and Logic® Class consists of two parts that may be taken in either order, though we encourage you to attend Part I first.

## PART I

### Raising Responsible Kids

- Preparing Children for the Real World
- Children Learn from Modeling
- Four Steps to Responsibility

### The Love and Logic Formula

- The Love and Logic Process
- An Easier Way to Parent
- How to be a “C.O.O.L.” Parent in a Hot Situation!

### A Control That’s Shared

- The Science of Control
- The Art of Control
- Choices I can Live With



## PART II

### Ownership of the Problem

- Parenting Styles: Helicopters, Drill Sergeants and Consultants
- Who Owns the Problem?
- How to Guide Children to Own and Solve Their Problems

### Opportunity for Thinking

- Setting Limits
- Thinking Words vs. Fighting Words
- Turning Your Words from Garbage into Gold

### Empathy and Consequences

- Consequences vs. Punishment
- Empathy and Consequences vs. Anger
- Constructing Logical Consequences
- How to Destroy the Teaching Value of a Logical Consequence



## Frequently Asked Questions

### WHEN ARE THE CLASSES AND HOW DO I PAY?

Participants register and pay for classes online. Class schedules are available online at [www.AllianceParenting.com](http://www.AllianceParenting.com).

### WHAT ARE THE FEES?

\$37.50 per individual/per part

### ARE CONTINUING EDUCATION CREDITS OFFERED?

Yes, we are able to provide CPE/CEU credits to Social Workers, LPC, LMFT and Educators.

### WILL MY MONEY BE REFUNDED IF I ARRIVE LATE OR NO SHOW?

No, if you do not arrive, do not cancel at least 24 hours in advance, or if you arrive late your money will not be refunded or credited to a future class.

### DO I NEED TO PAY IN ADVANCE?

Payment must be paid online at least 72 hours prior to the start of class.

### DO I RECEIVE A CERTIFICATE?

Certificates are issued after participant has completed both Part I and Part II. Participants must stay the duration of the class to receive a certificate.

### ANYTHING ELSE I NEED TO KNOW?

- Do not bring children to the classes.
- We do not allow late admission.
- We provide you a workbook and you are welcome to bring paper for notes.
- Please turn off cell phones and text message devices during the course.